Dear friends and supporters of the MedEvac Foundation International,

With your help, the MedEvac Foundation International has kept pace with the growing needs of our vital community, yet still finding ways to meet the demands of further safety education and research.

Part of meeting those demands also meant taking a look inside at our research and programs and how we deliver them on behalf of our donors and how we deliver them to our community. This year the Board and the Staff of the MedEvac Foundation undertook those tasks.

Over the last twelve months the MedEvac Foundation refocused our efforts to better educate our community and deliver higher quality programs. After an intensive review, the Foundation has, again, focused itself on providing outstanding academic research, noteworthy studies, and supporting our community with scholarships to help develop the bright futures and family grants to help during the darkest of times. The last 12 months provided opportunity for the entire board and the foundation staff to reflect on who we are as an organization, listen to our donors and better learn what you expect of us. The first of those efforts started some time ago when we achieved GuideStar’s highest level of recognition, the “Platinum Seal of Transparency” rating. The continuation of these efforts allowed the board the opportunity to, not only focus the Foundation on its core tasks, but help it prepare for the next 20 years.

We continue to fund important research projects that help the industry improve the safety, business enterprise, and education of our community. This year we approved funding for a study that will outline the healthcare effects of an air medical base in its local community and an emergency nursing demographics study. Both of those studies will help define those issues and will set up future academic research that will help guide future industry decisions. The publishing of extracts from the Foundation’s Sleep Wake Study has already started to create new academic research ideas as have other studies you have generously supported through the Foundation.

We continue to provide, and have expanded the number of, full scholarships to both AAMS’ Medical Leadership Transport Institute and AAMS’ Safety Management Training Academy. Scholarships are awarded to deserving students dedicated to our industry and the community they serve. They exemplify a strong commitment to ensuring the highest standards of safety, patient care, and leadership.

The Foundation increased the benefit amount of our outreach program the Children’s Scholarship Fund to $5,000. Information on the Children’s Scholarship Fund is now available on every college campus throughout the country.

Finally, one project we will begin to bring to you later this year will be some of the stories of those lives the MedEvac Foundation has touched, inspired, and assisted as well as the stories of our Everyday Heroes whose work, as inspired by the magnificent work our donors fund, to change the lives they touch each day.

We sincerely thank all of our Founders for their generosity and appeal to everyone in our Community to generously support the MedEvac Foundation International in any way you can.

Please join us in our quest to change our community and the lives we touch each and every day for the better, and support the overall excellence and safety of our community.

Johnny E. Delgado, MBA, EMT-P, CMTE, MTSP-C
St. Augustine, FL
Mission

The MedEvac Foundation International supports the Air Medical and Critical Care Ground Medical Transportation industry, its members, their families, and the patients they serve by:

• Investing in and supporting scholarly research that improves the quality, safety, and effectiveness of Air Medical and Critical Care Ground Transport programs;
• Investing in studies and education programs to help build awareness of our industry and highlight the issues facing our industry, the contributions of our industry members, and the impacts our industry members make in communities around the world;
• Fostering public support and awareness for the Air Medical and Critical Care Ground Transport Industry’s contributions to saving lives, our health care systems, and our communities; and
• Supporting our industry’s members, their families, and the patients-in-need they serve through scholarships, grants, and other charitable programs.

• Taking Care of Our Own and their families through scholarships, grants, and other charitable programs.

Vision

To be the international air medical and critical care ground transport community’s leading charitable organization.

About Us

The MedEvac Foundation International “the Foundation,” is an international non-profit 501(c) (3) charitable organization headquartered in Alexandria, VA. Since 2005, the MedEvac Foundation International has supported academic research projects, studies and education programs, and charitable programs that enhance safety, the industry’s ability to provide quality medical care, and provide effective air and ground medical transportation for every patient in-need. The Foundation’s charitable programs support our industry’s members and their families who provide life-saving services and serve their communities with pride and commitment throughout the United States and around the world; we take care of our own.
Sleep-Wake Study

Fatigue and poor sleep are common in Emergency Medical Services (EMS). The MedEvac Foundation funded a multiyear project to investigate fatigue and sleep in air-medical operations. Relative to other professions that deploy workers in shifts, little is known about fatigue in air-medical systems. This project will help fill a sizable knowledge gap, and complement the 2018 Fatigue in EMS Guidelines that outline a number of recommendations for fatigue mitigation in the out of hospital emergency care setting. The project is led by Dr. Daniel Patterson of the University of Pittsburgh, was divided into two phases. The first phase was a prospective observational cohort study that sought to characterize sleep and wake patterns in air-medical services relative to shift duration. The second phase was a randomized clinical trial that tested a novel fatigue mitigation tool administered via smartphones and text-messaging. The study sites included four air-medical operations located in different regions of the United States.

Both phase 1 and phase 2 are complete, in terms of data collection. The project team are now submitting the findings to peer-reviewed journals for publication. Briefly, in Phase 1, the research team collected data from 121 unique air medical clinicians. This study is by far the largest prospective study of air medical clinicians in terms of sample size. Each clinician participated for two weeks. During this two week period, participants provided detailed information about their sleep patterns, fatigue, and shift work scheduling. Each
participant completed a brief test of alertness at the start and end of at least one shift during the two week period. One aim of this phase was to determine if alertness was affected by shift duration. Analyses of study data showed no differences in alertness by shift duration. The preliminary findings were presented at the National Association of EMS Physicians (NAEMSP) annual meeting in 2016. A manuscript has been submitted to a peer-reviewed journal and as of May 2018, that paper remains in peer-review.

Phase 2 began shortly after completion of phase 1. Phase 2 was a clinical trial that was designed to test a novel fatigue risk management tool and strategy delivered via a participant’s smartphone. The study was designed to last 120-days / 4 months. The novelty of this study was the unique use of text-messages, which were distributed at specific times to query participants about their sleep and fatigue. A previous clinical trial of EMS workers used a similar algorithm and showed a positive impact among participants in the intervention group. Key elements of this intervention included fatigue assessment and intervention during shifts (intrashift) and reporting the participant’s sleep debt once a week to promote increased time sleeping between shifts (inter-shift). Data collection for the trial was closed March 2017.

In May 2018, the study team published a conference abstract in the Prehospital Emergency Care Journal, and published the protocol paper for Phase 2 (access for free: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5460424/). The study awaits a decision from peer-review on the main paper for phase 1. The study team is also wrapping up the analyses of trial data, updating the clinicaltrials.gov site, and editing the main paper for phase 2; which will be submitted for peer-review in the near future. With support from the MedEvac Foundation, these studies will make a substantial contribution to the evidence germane to fatigue mitigation in EMS.

Developing HEMS Capacity

The MedEvac Foundation International is also pleased to have completed the Developing HEMS Capacity, sponsored by Bell. This book provides a guideline to establish, modify and sustain an effective air medical program. It serves as a resource for policymakers, regulatory agencies, and founding members seeking to establish air medical programs to serve their communities.

This manuscript expands the description of air medical services to include a wide array of essential elements present in successful air medical programs. Throughout this document, we will present examples of successful air medical programs from around the world. You may purchase the book (https://www.amazon.com/Establishing-Medical-Programs-Next-Generation/dp/1548465798/ref=sr_1_1?ie=UTF8&qid=1526998365&sr=8-1&keywords=Establishing+air+medical+programs).
**MTLI Scholarship**

The MedEvac Foundation International awards two scholarships annually to attend the Medical Transport Leadership Institute (MTLI). The first scholarship is made possible through a donation from Metro Aviation, Inc. and the MedEvac Foundation International funds the second scholarship. MTLI participants develop leadership and management skills through formal education programs. Both management theory and its direct practical application to the industry are heavily emphasized. This scholarship is awarded based on the applicant’s active involvement, industry achievement level, and commitment to critical care transport services.

The 2018 recipients of the Medical Transport Leadership Institute Scholarship were Chad E. McIntyre and Erik Bratton:

**Chad E. McIntyre**, TraumaOne Flight Services Program Manager, receives the scholarship for his devotion to the critical care transport industry.

“The credibility bestowed on the MTLI program demonstrates a commitment by participants to embark on a path of professional development for not just an individual program but the entire industry,” Chad said. “MTLI will not only benefit my program, but will provide me the knowledge and skills to promote a better air medical industry for future flight nurses, paramedics, pilots, mechanics, administrators, and most of all patients.” —Chad E. McIntyre

**Erik Bratton**, Hospital Wing Director of Safety, receives the scholarship based on his passion for pre-hospital medical and critical care transport.

“MTLI will help refine those skills that are critical to being a leader, thus aiding our organization in developing and fostering a great safety culture, adding real value to our organization,” Erik said. “I hope to bring back the lessons learned at MTLI and share those with other employees, which will aid in our pursuit of excellence as our program continues to grow.” —Erik Bratton

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**Upcoming Dates**

**AAMS Medical Transport Leadership Institute (MTLI)**
April 28–May 3, 2019
Wheeling, WV

Applications for the 2019 MTLI Scholarship will open in the Fall.

**AAMS Safety Management Training Academy (SMTA)**
August 4–8, 2019
Pittsburgh, PA

Applications for the 2019 SMTA Scholarship will open in the Spring.

Contact the MedEvac Foundation International office with any questions at (703) 836-8732.
SMTA Scholarship

In response to the need for safety management education for medical transport leaders, the Foundation asked experts to develop a rigorous safety education course utilizing formal classroom hours, mandatory student participation, and written testing. Thus the Safety Management Training Academy (SMTA) was born.

The Association of Air Medical Services held the inaugural SMTA at Oglebay in Wheeling, WV in June 2010. Graduates of the two-year program received a certificate of completion and were invited to participate in more in-depth programs on specific safety management topics. The MedEvac Foundation International awards two scholarships annually to attend SMTA. The first scholarship is made possible through a gift from the Air Medical Operations Association (AMOA) and the second scholarship is funded by the MedEvac Foundation International.

The MedEvac Foundation International congratulates its 2018 Safety Management Training Academy Scholarship recipients, Steven Docekal, and Amanda Bell.

Steven Docekal, Director of Maintenance for Health Care District of Palm Beach County. Steven received the scholarship based on his dedication to safety in our industry.

“It is my goal as Director of Maintenance to insure that our aircraft are in optimal airworthy conditions,” states Mr. Docekal.

“SMTA will provide me with the tools and techniques to improve the overall safety of our program.” —Steven Docekal

Amanda Ball, Safety Office and Outreach Coordinator for MedFlight, is awarded the scholarship for her passion to safety in the critical care transport industry.

“Attending SMTA will help me learn more from industry experts and peers and grow in my knowledge base through formal training and education,” says Amanda.

“I plan to implement the knowledge I learn at SMTA not only at MedFlight, but throughout Ohio with the help of our neighboring critical-care transport providers, first responders, state officials, and hospital safety leadership.” —Amanda Ball

Dr. Suzanne Wedel Scholarship

In 2016, Sikorsky, a Lockheed Martin Company, funded a scholarship in memory of Dr. Suzanne Wedel. The Dr. Suzanne Wedel Scholarship is awarded to an emerging leader in the critical care transport field who actively contributes to the leadership of the medical transport community and/or who demonstrates a commitment to improving patient care through research in the critical care transport industry.

Sadly, Dr. Suzanne Wedel passed away from ovarian cancer on March 30, 2016. The MedEvac Foundation, in partnership with Sikorsky, a Lockheed Martin Company, is proud to continue the education of future industry leaders in Dr. Wedel’s name.
Virtual 5K for Safety
The MedEvac Foundation International 2017 Virtual 5K/Live 5K for Safety ran throughout the months of September and October. Thank you to the nearly 200 people who participated in the event, and our generous sponsors who made it possible.

The MedEvac Foundation International would like to thank:
- Metro Aviation
- SAFRAN
- Northwell Health
- CAE Healthcare
- PHI Air Medical, LLC

Silent Auction
The 2017 Silent Auction was held during AMTC in Fort Worth, TX. We would like to express our sincere thanks to our host MedFlight and to our generous auction item donors. We are looking forward to the continued success and fun of the Silent Auction at AMTC 2018 in Phoenix, AZ.

Program Leadership Roundtable
At AMTC 2017 in Fort Worth, TX the MedEvac Foundation hosted the Annual Program Leadership Roundtable discussion.

Guest speaker Bonnie Artman Fox’s presentation focused on “The 911 Approach to Strengthen, Energize, and Mobilize Your Work Culture”. The presentation accommodated 24 CEOs, program directors, and managers to discuss issues of vital interest to our industry.

2017 Topgolf & Donor Recognition
The MedEvac Foundation hosted our 2017 Topgolf event at Topgolf in Fort Worth, TX. We had nearly 100 participants.

Thanks to the 2017 Topgolf Sponsors:
- Metro Aviation
- Baldwin Aviation
- Leonardo Helicopters
- Pratt & Whitney Canada
- PHI Air Medical, LLC
- SAFRAN
- Seth and Denver Myers
**Children’s Scholarship Fund**

The Children’s Scholarship Fund was developed to provide financial assistance for higher education to children who lost a parent in an air medical or critical care ground transport accident. Our goal is to fund two scholarships per calendar year in the amount of $5,000 each to a deserving student entering or enrolled in a college, university, or vocational-technical school.

Information on the Children’s Scholarship Fund is now available on EVERY college campus in the country.

To be eligible applicants must:

- Be enrolled or accepted into an accredited college, university or vocational-technical school.
- Be a legal U.S. resident.
- Submit a complete application with all required documentation.
- Be a dependent and/or an immediate relative of a medical transport crewmember that lost their life due to an air medical or critical care transport accident. This includes parents, stepparents, legal guardians, and or grandparents who had a significant role in raising the applicant.

**Family Grant Fund**

Established in 2008, the Family Grant Fund provides financial assistance to families of air and ground medical crew members immediately following a fatal or serious accident to cover unanticipated expenses.

Covered expenses include travel and lodging, leave of absence, childcare, medical expenses, and bereavement services. The Family Grant Fund is a gift that does not need to be applied for or ever repaid. The program distributes checks on behalf of the MedEvac Foundation, directly to the next of kin.

The Family Grant Fund was able to provide financial assistance to two families affected in 2017.

**Vision Zero**

Upholding safety as the first priority at all levels is essential. Thanks to programs like Vision Zero, promoting a culture of safety is made easy. Created by AAMS, and funded by the MedEvac Foundation International, Vision Zero and the Vision Zero Toolbox provide tools for anyone seeking to improve their program’s or their own personal safety infrastructure. Through the free exchange of information, safety is kept at the forefront of everyone’s mind. Vision Zero and the Vision Zero Toolbox will continue to identify specific products and services and is available for everyone involved in transport medicine to use in their programs.

Many thanks to the 2017 Airbus Vision Zero Aviation Safety Award-Life Link III, for promoting a strong safety culture and being “proud to encourage education and innovation” throughout the industry.

**Patient of the Year**

As a resident of tiny Westbrook, Texas, Brandon and his family know that volunteers can be the difference between life and death, and between losing a home and saving it.

Kevin Briley, flight paramedic with Air Evac 54 in Big Spring, remembered flying Brandon to University Medical Center in Lubbock after he was stabbed multiple times.

Brandon lost his left eye in the attack, but has otherwise recovered and is doing well. So well, in fact, that he attended an event in Westbrook that was also attended by Air Evac Lifeteam. Brandon heard Kevin speaking, and knew he was with the Big Spring crew.

“Brandon immediately recognized the voice that talked to him all the way to Lubbock that night,” Mindy said. “I am so thankful for Kevin and the Air Evac crew that took care of Brandon, and I am very thankful we are members. I tell everyone I know that they need to be members, too.”
Outright Gifts
(3/01/2017—2/28/2018)

Partners
$100,000 to $249,999
Air Methods Corporation
Board of Certification for Emergency Nursing (BCEN)

Patrons
$75,000 to $99,000
Metro Aviation, Inc.
PHI Air Medical, L.L.C.

Benefactors
$25,000 to $49,999
Bell

Leaders
$10,000 to $24,999
Air Evac EMS, Inc.
Air Medical Journal Associates
John F. Throne & Co.

Sustainers
$5,000 to $9,999
Air Medical Operators Association (AMOA)
CAE Healthcare
Kevin and Sandra Hutton
Kim Montgomery
Northwell Health/Sky Health
Richard J. Sherlock
SAFRAN Helicopter Engines USA
Seth and Denver Myers

Builders
$2,500 to $4,999
Leonardo Helicopters
Pratt & Whitney Canada
Rick Stine

Contributors
$1,000 to $2,499
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Andrew Berry
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Mercy Health-Life Flight
Methodist Dallas Medical Center
Metro Life Flight
Nationwide Children’s Hospital Critical Care Transport Team
Nemours Critical Care Transport Team
Nemours Children’s Hospital
North Memorial Air Care
NWTX LifeStar
Pafford Air Medical Services
Phoenix Air Group, Inc.
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San Juan Regional AirCare
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### Outright Gifts, cont’d (3/01/2017—2/28/2018)

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**$500 to $999**

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- Andrew C. Hawk
- Chris Askew
- Chris D. Hall
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- David P. Thomson
- Dudley G. Smith
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- LifeMed Alaska
- Nancy Gaba
- Natasha J. Ross
- Office of Justice Programs
- Ornge
- ProMedica Transportation Network
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- Values Coach, Inc.
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- Susan Voros
- Thomas Sutton
- Tonda Davis
- Wanda Forrest
- William Umstattd
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### Gifts in Kind (3/01/2017—2/28/2018)

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- Airbus
- Board of Certification for Emergency Nursing (BCEN)
- Bradford Renaissance Portraits Corp.
- Connie Eastlee
- Flight For Life
- Gibson and Barnes
- Jeff Dunham
- Memorial MedFlight
- Mercy Air Care
- Metro Aviation
- Natasha Ross
- Paul Mitchell
- Pratt & Whitney Canada
- Richard Sherlock
- Sea Glass Fine Art Photography
- Sikorsky, A Lockheed Martin Company
- Stampin’ Up!
- Teddy Bear Transport
- The Warehouse Restaurant
- The Wharf Restaurant
- Thomas Fallon Photography
- Values Coach, Inc.
- Wheel of Fortune
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Patrons
($75,000 TO $99,999)

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A special thank you to the leadership and staff of the MedEvac Foundation International and the Association of Air Medical Services for their commitment to our mission throughout the year.

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Rick Sherlock (ex-officio)  
AAMS & MedEvac Foundation CEO  
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We are proud to announce that the MedEvac Foundation International has achieved the GuideStar’s newest and highest level of recognition, the “Platinum Seal of Transparency” rating. This rating demonstrates that the MedEvac Foundation is an organization focused on measuring progress and results.

The Platinum Seal of Transparency provides potential funders key information enabling them to make educated choices when giving their funds and will allow the MedEvac Foundation to illustrate improvement and results year over year. Lastly, it moves away from simplistic financial ratios of fundraising but reflects the important changes the MedEvac Foundation is making in our industry and the world.

Reasons to Support

- I want to advance the cause and believe in the mission of the MedEvac Foundation.
- The MedEvac Foundation aligns with my top priorities.
- I understand how my donation will be used and trust it will be used wisely.
- I know that 100% of my gift benefits the MedEvac Foundation.
- I value the role the MedEvac Foundation plays within the global air medical and critical care ground transport community and understand why they need my help.
- I have flexibility in the way I can donate (i.e. timing, amount).
- The donation process is easy.

Make a difference today by giving an hour of your salary or another amount once a month. Monthly giving is easy! Just sign up for automatic deductions from a debit or credit card and you will have the satisfaction of knowing that your gift is going where it is needed most, by the most cost-effective means possible.