



Join us on August 9

**0830-1500
Mayo Aviation's Hangar 9
@ APA
77855 Peoria St
Englewood, CO 80112**

Welcome

0900-0930

MedEvac Foundation International, ASTNA, IAFCCP and Host Program introductions

0930-1030

Life Saving Behaviors, presented by Phil Ward, IAFCCP Board Member.

- We will examine factors impacting the provider and their well-being such as needle sticks, mental health, and transport safety (modified from PHI AMG).

1030-1045

Break

1045-1200

Life Saving Behaviors, cont.

1200-1230

Lunch

1230-1330

Emotional Resilience, presented by Sharon Purdom, ASTNA President.

- Death, tragic and devastating events are unavoidable circumstances in the world of Emergency medical service (EMS) and hospital personnel. Currently there is diminutive education on communicating with loved ones and conveying empathy. Research has shown that words and actions of the healthcare provider have a tremendous impact on the healing process of parents and family after a death. Studies also have shown the emotional toll of health care providers when dealing with pediatric trauma and death. By the end of this lecture the participant will have an increase awareness of their own actions. The participant will hear from parents that survived the unthinkable. Most importantly the participant will feel inspired to improve their own wellness, prevent compassion fatigue, and continue to provide excellent care for others.

- 1330-1345 Break
- 1345-1445 PTSD/Critical Stress: A Personal Story, presented by Phil Ward.
- To provide excellent care to our Patients we must practice self-compassion.
 - “Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which has the potential to turn a life around.” Leo Buscaglia
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- 1445-1500 Q/A